

Connect: Facebook.com/groups/East Montrose_and www.eastmontrose.org or Mail: PO Box 131363 Houston, TX 77219

January 2025

It is the mission of East Montrose Civic Association to serve the interests of East Montrose, to promote the safety and welfare of its residents, to foster a sense of community, and to celebrate the diversity and uniqueness of the area. These goals are accomplished through the efforts of its volunteers and elected officers.

EMCA 2025 Calendar

01/21—EMCA meeting, 7PM, Boheme

More dates to follow.

All EMCA meetings take place on the 3rd Tuesday of every month unless noted otherwise.

To learn how YOU can help make trash pick-up more efficient, please read the guidelines linked below:

COH Curbside Collection Guidelines



EMCA has an Instagram account! Give us a follow @eastmontrose for neighborhood updates, photos, and more!

Area crime reports can be found at the excellent and current <u>www.spotcrime.com</u>. The City of Houston crime database is

he City of Houston crime database almost always out of date.

Happy New Year from EMCA

What a year 2024 was for Houston especially from Mother Nature. In April, the city was able to see a partial solar eclipse. In May, Houston experienced a derecho which impacted many across our city and even folks in our neighborhood. Then in late July, Hurricane Beryl came to visit. Things settled down for several months but the last week of the year brought some severe weather to areas around Houston. Through all of these events, the one thing I can say, is our city is one filled with strong people who step up and help each other when needed. While it is not perfect, our city has much to offer and East Montrose is no different.

This year East Montrose has had several wonderful community events including but not limited to the Spring Fling, Neighborhood Clean Ups, National Night Out and our Annual Election/Holiday Gift Exchange. In October we also had our biannual Home Tour and Art Walk thanks to the efforts of Bill Maxey and Joan Son. While attendance was down over the 2022 event, it was still a success and we thank everyone who volunteered to make it happen.

Our Annual Meeting/Holiday Gift Exchange was a nice end to a crazy year. At the beginning of the evening officer elections were held. Returning for a second term are President – Karen Brohn, Vice President – Hugo O'Valle and At-Large Directors – Katy Macalla and Alyssa Ketner. The evening ended with a lively gift exchange. Many great ideas for gifts generated lots of steals. Thank you to Mary Quinn for once again opening her home.

I want to give a personal thank you to the 2024 Board whose efforts keep EMCA moving in the right direction. Continuing their terms are Secretaries – Jamie Flatt and Joey Zamora and Treasurer – Joel Dudley. Unfortunately, we are losing a valuable team member At-Large Director – Lewis Goldstein who is stepping down due to personal time conflicts. While this is a loss to the Board, we know he is still in the neighborhood with his wife and two young children if we need his assistance. The Board will be appointing a replacement in the next few months.

Along with the Board, the community would not be the same without some key volunteers. Thank you to Sofie Shoaib – Newsletter Editor, Betsy Anderson – Yard of the Season Coordinator, George Booz – Neighborhood Clean Up Coordinator and Peter Brohn – Website Coordinator.

We look forward to seeing everyone in 2025! Our first member meeting is January 21 st . Details can be found on our website at www.eastmontrose.org along with Facebook and Instagram. Please join us in continuing to make East Montrose a wonderful community.

Happy New Year! Karen Brohn President

Things to do in Houston this Month

1. Bumper Cars on Ice: For TWO WEEKS you can slip, slide and bump your way through the new ice tracks in bumper cars—fun for all ages! Riders must be at least 42 inches tall to participate. Advanced booking required.

Discovery Green, Jan 6-19

2. 2nd Annual Mix-Match: Mix-Match will showcase 20+ performances by musicians, artists, and art groups, along with interactive exhibitions, food trucks and more!

January 18, 3:15P-10P

3. MLK Jr Day Parade The day kicks off with a Freedom Run, then two parades! One in downtown Houston, and another in Midtown. Rothko Chapel will host an observance with special audio playing four times throughout the day. Take some time to remember the Reverend, and the sacrifices he made to move our country forward.

January 20

4. Chevron Houston Marathon/Aramco Half Marathon Year 53 of the biggest race in town. Cheer on thousands of runners as they blaze through Montrose, Med Center, Memorial and back.

Jan 19, 7A-2:30P

5. **Astros FanFest** Astros fans unite! This is your chance to meet your favorite players, alum, broad-casters, take in plenty of photo-ops, and play games.

Minute Maid Park, Jan 25 11A-4P

From the Editor ... by Sofie Shoaib

Happy New Year and welcome back! We are excited for all of the amazing things upcoming in East Montrose, and greater Montrose as well. From our spectacular holiday party and elections in December, to the opening of the new Freed-Montrose branch of the HPL, and the Houston marathon in just a few short weeks, this year has kicked off with a bang!

Does anyone else reflect on their previous resolutions? How long did you work on yours until you were successful? Did you forget you had a resolution until now? Do you repeat the same resolution year after year? Do you have a specific way of going about, getting your goals accomplished? Write in and let us know how you did on your resolutions last year, your tips and tricks for success, and what your goals are for yourself this year.

Personally, my goal is to be a stronger runner. You may have seen me out and about in the neighborhood already. I'll share a couple of my own tips and tricks for staying *on track* (I'll see myself out!): 1)I like to start early—I find it harder to start working on a goal in January, but easier in December. It feels less daunting. 2)I set mini goals which are easier to achieve, or milestones that I can target to see progress. In my case, I signed up for a couple of races around town, as personal mile markers of sorts.

Cheers,

Sofie



Amazing costume jewelry, watches, Jackie Kennedy reproduction jewelry, Wedgwood china,Waterford crystal, purses, scarves, linens, silver, Tiffany style lamps, Faux furs, fun glasses, original paintings, and many things still in their original packaging. joanson23@gmail.com

Election Update

Karen Brohn was voted in as EMCA president, Hugo O'Valle as vice president, and Alyssa Ketner and Katy Macalla as co-At-Large board members.

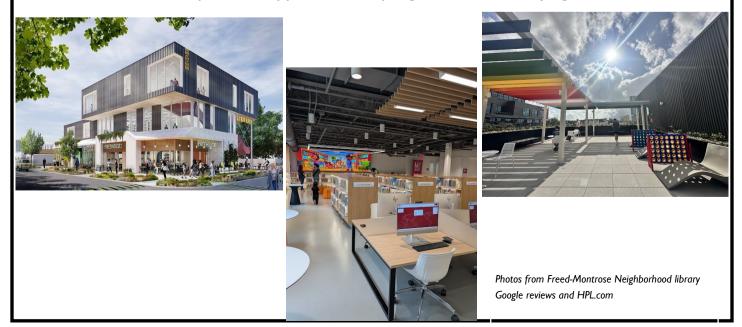
Congratulations to the board! We look forward to another great year of community here in East Montrose.

Grand Opening of the Freed-Montrose branch of the

Houston Public Library!

December saw the opening of the new library over at the Montrose Collective, and it looks to be a beauty. The new library features advanced technology including access to computers with high speed internet and innovative learning tools, dedicated youth spaces for children and teens which includes a variety of interactive programming, adult reading spaces, and meeting rooms for community activities, a beautiful outdoor terrace for open-air events, and a cool new art installation called "Spirit of Montrose" by Kill Joy, a Houston-based, Filipino artist.

The neighborhood welcomes the library and we are so excited to make use of the space! Libraries are a vital part of the community, providing access to events, knowledge, technology, education, and resources for people of all ages. It is important to preserve this resource and continue to provide support for the programs which always give back to us.



Recipe of the Month

<u>Banana Oatmeal Pancakes</u>, by Ambitious Kitchen. A recently discovered recipe—I am shooketh that I was not making these sooner! They have become a family favorite.

Ingredients

- 2 medium ripe bananas (best when they have lots of brown spots)
- 2 eggs
- 1/2 cup unsweetened almond milk
- I teaspoon vanilla extract
- 1 $^{1\!\!/_2}$ cups old fashioned rolled oats, gluten free if desired
- 2 teaspoons baking powder
- 1/2 teaspoon ground cinnamon
- 1/4 teaspoon salt
- Olive oil, for cooking



Add all of the ingredients to a blender and blend on high until completely smooth, about 30 seconds to 1 minute. Let the batter sit in your blender while you heat your pan up.

Lightly coat a griddle with coconut oil, vegan butter or olive oil and place over medium heat. Once pan is hot, add 1/3 cup of the batter to the griddle for each pancake and cook for 2-4 minutes until pancakes slightly puff up and you see a few bubbles along the edges.

Flip cakes and cook until golden brown on underside. If you find that pancakes are browning too quickly then you need to lower the heat. I normally start on medium heat, then decrease to medium low later so that my pancakes don't burn. If at any point your griddle starts smoking, it means your pan is too hot.

Wipe skillet clean and repeat with more oil and remaining batter. Makes 9 pancakes total. Serves 3, 3 pancakes each.

Mayor's Assistance Office:

James Ronje—832-393-5958

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Our District C City Council Member: Abbie Kamin

Contact Kate Dentler

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City of Houston Community Liaison Carl Davis—832-393-4063

Harris County Precinct One—Commissioner Rodney Ellis

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Council Member At Large #5—Sallie Alcorn

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Representative, CD7

Lizzie Fletcher—713-353-8680

http://fletcher.house.gov/contact

	October, 2024 Treasu	rer's Report	
For	the period October 1, 202	4 - October 31, 2024	
EMCA			
Beginning Balance			\$ 5,577.13
Monies In	Membership	\$ 265.00	
	Home Tour	\$ 2,340.00	
Monies Out			
	Quickbooks - Aug		\$ 31.98
	Paypal Fees		\$ 91.16
	NNO - Gift Cards		\$ 105.00
	Newsletter		\$ 428.01
	Home Tour Costs		\$ 734.17
Ending Balance			\$ 6,791.81
Security			
Beginning Balance			\$ 33,815.87
Monies In	Security Reserve	\$ 2,500.00	
Monies Out	Paypal Fees		
	Stripe Fees		\$ 62.77
	SEAL Payments		
Ending Balance Subs	cription		\$ 36,253.10
Combined Ending Balance			\$ 43,044.91

Total EMCA Members: 248 Total Greater EM Security subscriptions : 174 2024 Greater EM Security Subscribers: 80

The treasurer's reporting month is being changed to coincide with the newsletter being created prior to month end.

Join EMCA Today!

Membership is open to neighborhood residents or business owners/operators. Payment of dues will apply to current year. ____ Single or Guest \$15.00 ____Household \$25.00 ____Business \$30.00

Name(s):___

Address:____

Home Phone:_____Alt. Phone:___ Email:

Mail to: PO Box 131363 Houston, TX 77219

OR pay via PayPal at <u>www.Eastmontrose.org</u> or via Zelle to treasurer.emca@gmail.com

East Montrose C/A Contacts

President: Karen Brohn —<u>president.emca@gmail.com</u> V-Pres: Hugo Ovalle—<u>vicepresident.emca@gmail.com</u> Treasurer: Joel Dudley—<u>treasurer.emca@gmail.com</u> Secretary: Jamie Flatt, Joey Zamora—<u>secretary.emca@gmail.com</u> Past Pres.: Mary Quinn—<u>pastpresident.emca@gmail.com</u> At Large 1: Katy Macalla and Alyssa Ketner —<u>rep1.emca@gmail.com</u> At Large 2: Lewis Goldstein — <u>rep2.emca@gmail.com</u> Neartown Liaison: Karen Brohn —<u>president.emca@gmail.com</u> Neartown Alt Liaison: Jamie Flatt—<u>secretary.emca@gmail.com</u> Newsletter: Sofie Shoaib—<u>newsletter.emca@gmail.com</u> HPD's PIP: OPEN Security: Hugo Ovalle—<u>safety.emca@gmail.com</u> Trees for EM: Josh & Helen Dubach = isdubach@gmail.com

Trees for EM: Josh & Helen Dubach - <u>isdubach@gmail.com</u> Peggy Shiffick Park: Gloria Lyons—globella@icloud.com FB Admin: Bill Maxey - <u>EastMontrose@groups.facebook.com</u> Yard of the Season: Betsy Anderson — <u>bsatexas@sbcglobal.net</u> Clean up Crew: George Boos —<u>george.boos@att.net</u> Home Tour: Bill Maxey —<u>bmaxey@mediadesigninc.com</u>

The following volunteer positions are currently open:

Block Captains: **OPEN**—block captains are needed for each street in the boundaries of East Montrose

Please contact the EMCA President or VP to volunteer. We need you!

TRASH COLLECTION SCHEDULE

-		
January 13	Monday	Regular Trash & Lawn
January 20	Wednesday	Regular Trash & Lawn & Recycle
January 27	Monday	Regular Trash & Lawn
February 3	Monday	Regular Trash & Lawn & Recycle
February 5	Monday	Junk
February 10	Monday	Regular Trash & Lawn

This trash schedule comes from the Rollout! app and is subject to change. ***holiday schedule / not confirmed

Want to submit an article for the newsletter? Please email your article to newsletter.emca@gmail.com. All submissions are welcome, but submission does not guarantee that the submission will be published.

I would like to help in the following way:

_____Safety and Security: Promote safety and security in East Montrose through HPD's Positive Interface Program (PIP), Crime-Out activities, and Citizens Crime Patrol.

Membership: Encourage membership enrollment, maintain records. Volunteer: Database Administrator

Volunteer: Newsletter Team

___Volunteer: Biennial Home Tour